



MedStar Family Choice

DISTRICT OF COLUMBIA

OVER-THE-COUNTER (OTC) DRUG COVERAGE

In addition to prescription benefits, all over-the-counter medications on this list are covered by MedStar Family Choice - DC with a written or telephoned prescription. Refills are permitted. Prescriptions may be written for the State limited 12 month maximum. Emergency contraceptives and latex condoms are an exception and do not need a prescription. OTC products covered are restricted to generics when available. Brand names are provided as reference only. If both prescription and OTC products are available, you are encouraged to prescribe OTC products when clinically appropriate.

Antacids

aluminum hydroxide	AlternaGEL
aluminum hydroxide/magnesium hydroxide	Alamag
aluminum hydroxide/magnesium hydroxide/simethicone	Maalox
calcium carbonate	Maalox
sodium bicarbonate	

Antifungals, Topical

butenafine	Lotrimin Ultra
clotrimazole	Lotrimin AF
miconazole	Desenex
terbinafine	Lamisil AT
tolnaftate	Tinactin

Antifungals, Vaginal

clotrimazole	Gyne-Lotrimin
miconazole	Monistat

Antihistamines

cetirizine, except chewable	Zyrtec
chlorpheniramine	Chlor-Trimeton
clemastine	Tavist-1
diphenhydramine	Benadryl
fexofenadine susp, tabs	Allegra
loratadine	Claritin

Antihistamine/Decongestant Combinations

cetirizine/pseudoephedrine ext-rel	Zyrtec-D
chlorpheniramine/phenylephrine tabs	Cold & Allergy Relief
loratadine/pseudoephedrine ext-rel	Claritin-D

Antilipemic Agents, Miscellaneous

niacin	
omega-3 fatty acids	Fish Oil
omega-3 fatty acids 300 mg	Krill Oil
omega-3 fatty acids/vitamin E	Fish Oil
omega-3 fatty acids/vitamins chewable	Omega-3 Gummies

Contraceptives, Barrier

condoms (prescription not needed)	
spermicide gel	Gynol II, Shur-Seal

Contraceptives, Emergency

levonorgestrel (prescription not needed)	Plan B One-Step
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Cough/Cold/Allergy**(OTC products not covered for members under 4 years of age)**

budesonide spray	
dextromethorphan gelcaps, liquid	Robitussin Long-Acting Cough
dextromethorphan/chlorpheniramine liquid	Robitussin Children's Cough & Cold, Long-Acting
dextromethorphan/guaifenesin ext-rel	Mucinex DM
dextromethorphan/guaifenesin/pseudoephedrine liq 10 mg/100 mg/30 mg/5 mL	
dextromethorphan/guaifenesin syrup	Robitussin Cough + Chest Congestion DM
dextromethorphan/pyrilamine/phenylephrine	Codituss DM
eucalyptus/menthol/compound rub	Vicks Vaporub
fluticasone mist	Flonase Sensimist
fluticasone spray	Flonase Allergy Relief
guaifenesin ext-rel	Mucinex
guaifenesin liquid	Diabetic Tussin
guaifenesin liquid	Mucinex for Kids
guaifenesin/pseudoephedrine ext-rel	Mucinex D
oxymetazoline	Afrin
phenylephrine	Neo-Synephrine
phenylephrine drops	PediaCare
pseudoephedrine	Sudafed
sodium chloride inhalation solution	Simply Saline
sodium chloride nasal spray	Ocean
triamcinolone acetone spray	Nasacort Allergy 24HR

Diabetic Supplies

alcohol swabs
insulin syringes, needles
lancets, lancet devices

Gastrointestinal

esomeprazole magnesium delayed-rel	Nexium 24HR
famotidine	Pepcid AC
famotidine chewable tabs	Pepcid AC
lansoprazole delayed-rel	Prevacid 24HR
omeprazole magnesium delayed-rel	Prilosec OTC
omeprazole/sodium bicarbonate	Zegerid OTC

Gastrointestinal, Miscellaneous

bismuth subsalicylate	Pepto-Bismol
dextrose/fructose/phosphoric acid	Emetrol
dimenhydrinate	Dramamine
docusate sodium caps	Colace
docusate sodium liquid	
loperamide liquid, tabs	Anti-Diarrheal
meclizine	
probiotics (\$20 maximum per claim)	Reese's Pinworm Medicine
pyrantel	Mylicon
simethicone	Tucks
witch hazel medicated pads/wipes	

Laxatives

bisacodyl
glycerin rectal suppository, adult
glycerin rectal suppository, pediatric
magnesium citrate
methylcellulose
mineral oil
polyethylene glycol 3350
psyllium/aspartame
sennosides 8.6 mg tablets
sennosides 15 mg tablets
sennosides/docusate sodium
sodium phosphate/sodium bisphosphate enema, adult
sodium phosphate/sodium bisphosphate enema, pediatric

Dulcolax

Citrucel

MiraLax
Natural Fiber
Senokot
Ex-Lax
Peri-Colace
Fleet Enema
Fleet Enema

Nutritional/Supplements

alpha-lipoic acid
calcium
cholecalciferol (D3)
cyanocobalamin tabs 1000 mg
electrolyte rehydrating soln
ergocalciferol (D2) drops
ferrous fumarate
ferrous gluconate
ferrous sulfate
ferrous sulfate delayed-rel
iron/vitamin C
lutein
magnesium oxide
multivitamins drops
multivitamins/iron drops
polysaccharide iron complex 150 mg
polysaccharide iron complex/vitamin B12/folic acid
prenatal vitamins/DHA/EPA/ferrous fumarate/folic acid
prenatal vitamins/folic acid
pyridoxine 25 mg, 50 mg
sodium chloride tabs 1 gm

Tums
Vitamin D3
Vitamin B12
Pedialyte

Ferrimin 150
Feron
Feosol
Slow FE
Vitron-C

Mag-Ox

Nu-Iron 150
Ferrex 150
One Daily Prenatal

Vitamin B6

Overactive Bladder

oxybutynin transdermal *
* Gender restriction - Coverage for females

Oxytrol for Women

Pain & Fever

acetaminophen
aspirin 81 mg (not chewable)
enteric coated aspirin
ibuprofen
naproxen sodium

Tylenol
Bayer
Ecotrin
Advil
Aleve

Pediculocides

permethrin aerosol 0.05%
permethrin 1%

RID
NIX Creme Rinse

Radioactive Iodine Blockers

potassium iodide
potassium iodide

Iosat
Thyrosafe

Sleep Aids

acetaminophen/diphenhydramine
diphenhydramine
doxylamine
melatonin

Tylenol PM
Benadryl
Unisom

Smoking Cessation

nicotine polacrilex gum, lozenge
nicotine transdermal

Nicorette

Topical, Acne

adapalene gel 0.1%
benzoyl peroxide

Differin
Panoxyl

Topical, Antibacterial

antibacterial cleanser bar, liquid cleanser, cleansing cloths
bacitracin
bacitracin/polymyxin B
chlorhexidine
neomycin/bacitracin/polymyxin B

Cetaphil
Polysporin
Hibiclens
Neosporin

Topical, Ear

carbamide peroxide

Debrox

Topical, Eye

artificial tears
ketotifen

Zaditor

Topical, Miscellaneous

ammonium lactate 12%
calamine lotion
capsaicin crm 0.033%, 0.075%
coal tar shampoo
docosanol
hydrocortisone crm, oint 0.5%, 1%
lidocaine crm 4%
lidocaine patch 4%
oatmeal, colloidal
oatmeal, colloidal/dimethicone
petrolatum/mineral oil
salicylic acid gel 17%
salicylic acid pad, plaster 40%
salicylic acid 17%/collodion
urea crm 20%
urea lotion 10%
zinc oxide

Lac-Hydrin

Neutrogena
Abreva
Cortizone
LMX 4

Aveeno
Eucerin

Duofilm
Carmol 20
Carmol 10
Desitin